CURRICULUM VITAE: Richard E. Boles

1. BIOGRAPHICAL SKETCH

Current Position: Associate Professor of Pediatrics, Section of Nutrition, Department of Pediatrics

University of Colorado Anschutz Medical Campus

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12631 East 17th Avenue; Room L15-2607

Aurora, CO 80045

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1. EDUCATION

01/1994-05/1995 State Fair Community College, Sedalia, MO, general education

B.A. University of Missouri-Columbia, Columbia, MO

08/1995-05/1998 Department of Psychological Sciences

 Major: Psychology, Minor: Sociology

McNair Scholar Research Project: Mothers’ beliefs underlying appropriate child supervision, McNair Scholar Project Advisor: Lizette Peterson, Ph.D.

M.S. Missouri State University, Springfield, MO

08/1999-05/2002 Clinical Psychology Program

Department of Psychology

Major: Clinical Psychology

Master’s Thesis: Child interviews: The effects of rapport on recall

 Chair: Matthew N. Fanetti, Ph.D.

Ph.D. University of Kansas, Lawrence, KS

08/2001-06/2006 Clinical Child Psychology Program

Departments of Applied Behavioral Science and Psychology

American Psychological Association (APA) Accredited Doctoral Program

 Major: Clinical Child Psychology

 Specialization: Research and Quantitative Methods

Doctoral Dissertation: Supervising children during parental distractions

Chair: Michael C. Roberts, Ph.D., ABPP (American Board of Professional Psychology)

Defense Date: May 2006

Residency Cincinnati Children’s Hospital Medical Center, Cincinnati, OH

07/2005-06/2006 O’Grady Residency in Pediatric Psychology

Division of Behavioral Medicine and Clinical Psychology

 APA Accredited Clinical Internship

 Mentor/Research Advisors: Meg Zeller, Ph.D., Lori J. Stark, Ph.D., ABPP

Fellowship Cincinnati Children’s Hospital Medical Center, Cincinnati, OH

07/2006-06/2008 Post-Doctoral Fellowship

NIH/NIDDK T32 Child Behavior and Nutrition (T32 DK063929)

Division of Behavioral Medicine and Clinical Psychology

Training Director: Scott W. Powers, Ph.D., ABPP

Research Mentors: Lori J. Stark, Ph.D., ABPP, Scott W. Powers, Ph.D., ABPP

1. ACADEMIC APPOINTMENTS

08/2008-06/2015 Assistant Professor of Pediatrics (Primary) Section of Nutrition

Department of Psychiatry and Behavioral Sciences (Secondary)

University of Colorado Anschutz Medical Campus (CU Anschutz)

07/2015-Present Associate Professor of Pediatrics, CU Anschutz, Section of Nutrition

11/2011-Present Adjunct Faculty Appointment, Associate Affiliate Department of Food Science and Human Nutrition, Colorado State University

07/2018-Present Associate Director of Research, JFK Partners, Section of Developmental Pediatrics, Department of Pediatrics, CU Anschutz

1. HOSPITAL POSITIONS

08/2008-present Lifestyle Medicine Program (Level 1), Children’s Hospital Colorado (CHCO), Aurora, CO (~1/2-day clinic, weekly)

I currently provide weight management focused behavioral screening, psychological counseling, and supportive therapy for children from birth up to young adults and their families. Clinical service includes individual and group sessions for primarily outpatient visits, though I also infrequently provide care during inpatient hospitalizations.

01/2009-01/2012 Bariatric BAND Clinic, CHCO, Aurora, CO (1/2 day, monthly)

I provided psychological evaluations for adolescents being considered for bariatric candidacy (primarily using an off-label, gastric banding procedure). This clinic is no longer in service due to change in surgery leadership.

08/2011-Current Family Weight and Wellness Group, CHCO, Aurora, CO (1-hr group, weekly)

I co-created, with a registered dietitian and exercise physiologist, a manualized obesity group treatment that is offered each month (4 sessions). The intervention is delivered to parents of children who attend the Lifestyle Medicine Program. This 4-session group is based on my previously developed and modified curriculum designed to address weight management using a lifestyle/behavioral model. Additional services are provided during this group, delivered by our dietitian and exercise physiologist. Group sessions focus on core components of empirically supported, family-based behavioral weight management, including self-monitoring, goal setting, positive reinforcement, parenting skills training, and stimulus control (modification of the physical home environment).

04/2014-Current Psychology Special Topics Group, CHCO, Aurora, CO (1-hr group, weekly)

I created a manualized 4-session family-based obesity treatment package delivered to patients and caregivers identified with core behavioral and emotional symptoms related to childhood obesity development. The four 1-hr topics include goal setting and self-monitoring, maladaptive eating behaviors (binge eating, emotional eating, and restrictive eating), mindfulness and appetite awareness training, and parenting strategies focused on management of difficult child behaviors in response to Lifestyle recommendations.

04/2014-06/2017 Pediatric Psychologist for Adolescent Bariatric Surgery, University of Colorado Hospital, Aurora, CO. I provided all pre/post-operative evaluations and psychological management for adolescents considering metabolic and bariatric surgery at University of Hospital. An accreditation site visit for the Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program (MBSAQIP) occurred on 08/2015 and received Best Pratice designation for Adolescent Program. My service for this time was sought to help bridge MBS for adolescent patients while a new program was being developed at CHCO.

06/2017-Current Bariatric Surgery Center, CHCO, Aurora, CO (~1/2-day clinic, weekly)

I lead the psychosocial team and conduct psychosocial evaluations for children and adolescents being considered for bariatric surgery. I also developed and co-lead a bariatric surgery support group for an hour, twice a month, to provide ongoing pre- and post-operative support to patients attending the Bariatric Surgery Center. Medical Director, Bariatric Surgery Center: Megan Kelsey, MD.

08/2008-Current Inpatient Consultation, CHCO, Aurora, CO (approximately 1-2 per year). New or follow up patients for LM1 or Bariatric Surgery patients may require hospitalizations for complex and severe medical management for physical health stabilization and weight reduction. I may be consulted to provide behavioral, psychological, and family support related to discharge goals (e.g., goal setting, habit formation, parenting strategies, and staff support.

1. HONORS AND AWARDS
	1. President’s List, State Fair Community College

1995-1996 Academic Scholarship, University of Missouri-Columbia

1996-1997 McNair Scholar, University of Missouri-Columbia

1996-1998 Dean’s List, University of Missouri-Columbia

2004-2005 Fellow, Society for Public Health Education

2012-2014 NIH (NIDDK) Loan Repayment Program (LRP) Awardee in Pediatric Research

2014-2016 NIH (NIDDK) LRP Awardee in Pediatric Research (renewal)

2019-2022 Clinical Excellence Awards, A Mile Above – Service Excellence Every Day (SEED) – Peer to Peer program by the Children’s Hospital Colorado, 4 awards:

* Teamwork earned: 12/21/2019
* Ownership earned: 5/19/2020
* Caring Community earned: 1/31/2022
* Caring Community earned: 8/25/2022
1. PROFESSIONAL ASSOCIATIONS

08/2009-Current The Obesity Society

08/2008-Current American Psychological Association

1. SERVICE (Section, Department, Institution, National):

Section of Nutrition or Developmental Pediatrics

2009-2013, 2015, Annual Section Retreat Planning: Either lead or co-lead facilitated discussion of

2022 retreat, coordination of guest speaker activities, leading discussions for topics, moderating panel discussions, and administering scoring evaluations.

2010-2013 Co-Coordinator, Section of Nutrition Monthly Seminar Series, CU Anschutz.

2013 Participated in faculty/staff/fellows’ interviews with individual interviews and/or lunch discussions.

2012 Directed the Nutrition Seminar Series. My role included planning potential topics and speakers, coordinating schedules, and introducing speakers.

2013 Supervision and transition of Director for the Nutrition Seminar Series. My role was to facilitate the transition of leading the seminar series to Nutrition Section faculty. Specifically, I provided supervision on the processes for planning potential topics and speakers, coordinating schedules, and introducing speakers.

2013-Current Space Committee, Chair. Led the faculty in building A01 regarding space utilization and future planning. I have organized meetings with Section of Nutrition faculty, Facilities Management & the Office of Institutional Planning.

2015 Website Management. Co-facilitated website management with Nutrition section, administrative staff, faculty, and website administration.

2016 Participation on faculty committee to restructure Journal Club, including active participation in delivering content, Childhood Obesity and Sleep (December 2016, CU-Anschutz).

1. Section of Nutrition T-32 Application reviewer for applicants.

2021 Participation in co-leading Nutrition Seminar series with Dr. Tang.

2021-present Nutrition Section, Awards Committee Member. I participate in the nomination and preparation process for selected faculty to be considered for campus awards.

2021-2022 Committee Member, Lifestyle Medicine Meal Replacement Clinical Protocol and Pathway. I am participating member of this clinical committee, led by Dr. Moore aimed at creating a clinical protocol to deliver meal replacement to LM1 patients. My contributions include the creation of screening protocols for disordered eating and curricula related to mindful eating and appetite awareness training.

2022-present Co-lead the development of Nutrition Section, Research development groups. This included collecting faculty survey data regarding needs for ongoing collaborative research and the formation of leadership to guide this process (myself, and Drs. Moore and Haemer). The Collaborative Research and Academic Initiatives Group (CRAIG) (led by me and Dr. Haemer) will focus on presenting research ideas to form collaborations across the section and the primary goal of the CRAIG will be to provide an opportunity to: submit grants/papers, develop curricula, and create clinical research/scholarship.

Department of Pediatrics or Psychiatry and Behavioral Sciences

2008-2018 Obesity Committee Member, CHCO / CU Anschutz. Participated in monthly meetings focused on the advancement of obesity related clinical service and research at CHCO and CU Anschutz.

2011-2019 Faculty Interviews (~n=6). Completed individual and group interviews for Department of Pediatrics.

2012-2014 Participated in faculty interview process with individual interviews and lunch discussions.

2013 Participated in interviewing medical resident interviews.

2014-2015 Supervision and coordination of the Journal Club. Excluding the summer of 2014, I provided oversight and management of the coordination and monthly conduct of the journal club for faculty, staff, and students.

2016-2021 Department of Pediatrics’ Promotions Committee/ Midpoint Review, CU Anschutz. I began as a committee member reviewer in 2016, became a Co-Chair in 2017.

2022-present Chair, Department of Pediatrics’ Promotions Committee/ Midpoint Review, CU Anschutz. I lead the annual conduct of mid-point promotions, in addition to supporting the transition for two new co-chairs, Senior Faculty (Drs. Nancy Krebs and Mark Abzug), Rhonda Buckner, and committee members. I co-developed new didactic presentation to support junior faculty in their preparation for MPR, to be initially delivered in 2022-2023.

Institutional, University of Colorado Anschutz Medical Campus or Children’s Hospital Colorado

2009 Psychology Internship Selection Committee, CHCO. Conducted interviews and ranked interns for selection during one cycle.

2014 Faculty Poster Judge, 5th annual Postdoctoral Research Day, CU Anschutz.

2015-2016 Planning committee member, Annual Rosenberry Conference at CHCO. I led the selection of speakers focused on pediatric weight management, agenda development, and conduct during the conference.

National or International

2011-2013 Children’s Hospital Association (formerly known as National Association of Children’s Hospitals and Related Institutions; NACHRI) participating member representing Children’s Hospital Colorado, Focus on a Fitter Future III, advocating the role of children’s hospitals in addressing pediatric obesity. The overall aim of this committee was to examine the problem of patient attrition in both the initial treatment and maintenance phases of pediatric weight management within multidisciplinary, stage 3 pediatric weight management programs in the US. The committee was comprised of 18 additional children's hospitals across the country who served as founding institutions in Focus on a Fitter Future. As the site PI of a protocol for this initiative (COMIRB 12-1172), and data analysis subgroup member, I was actively co-leading the design, participation, and analyses of prospectively collected data aimed at addressing patient retention in pediatric weight management programs. This service resulted in co-authorship for a poster submitted during 2013 and accepted for presentation at Pediatric Academic Societies utilizing our preliminary data. A peer-reviewed manuscript was later accepted for this research effort.

2014 Selected to serve as a reviewer as part of Early Career Reviewer at the Center for Scientific Review (CSR) at NIH.

2014-2015 Patient Retention Subcommittee Charter, Representative Member-CHOC, sponsored by the American Academy of Pediatrics and supported by the Children’s Hospital Association, Focus on a Fitter Future.

1. LICENSURE:

2008-present Licensed Psychologist-PSY

 Department of Regulatory Agencies (DORA), State of Colorado

1. **INVENTIONS, INTELLECTUAL PROPERTY and PATENTS:** None
2. REVIEW and REFEREE SERVICE:

Editorial Board Member:

2013-present Children’s Health Care

2013-2018 Journal of Pediatric Psychology

2010-present Journal of Nutrition Education and Behavior-Statistical Reviewer

2020-present Childhood Obesity

# 2021-2022 Nutrients, Guest Editor, Special Issue "The Effect of Food Environment, Eating Behavior and Pediatric Health".

Ad-Hoc Reviewer:

2003 Child Psychiatry and Human Development

2004 Journal of Consulting and Clinical Psychology

2004 Journal of Clinical Child and Adolescent Psychology

2004 Clinical Child and Family Psychology Review

2004-2013 Journal of Pediatric Psychology

2006 The Journal of Pediatrics

2006-present Journal of Developmental and Behavioral Pediatrics

2008-2010 Journal of Nutrition Education and Behavior

2012 Journal of Developmental and Behavioral Pediatrics, Special Supplement on Pediatric Obesity

2017-present Surgery for Obesity and Related Diseases

Grant Reviewer:

06/2013-2020 NIDDK Study Section Reviewer. Participation as reviewer for an invitation-only panel reviewing F, K, T-32 and R series applications. SROs: Thomas Tatham, PhD; Jian Yang, PhD. I attended 2-3 meetings per year, presenting 6-12 grants per cycle, and scored an average of 30-60 applications.

11/2013 Dissertation Funding Review Committee Member. Primary reviewer for Pioneer Award, University of Kansas. Selected as a reviewer based on research reputation for pediatric obesity.

08/2014 Early Career Reviewer (ECR) program at the Center for Scientific Review (CSR), National Institutes of Health. Accepted as eligible reviewer.

11/2015 Classes Dissertation Research Award, Clinical Child Psychology Program, University of Kansas. Selected as reviewer based on research reputation for pediatric obesity.

10/2015, 2019 Pre-K grant reviewer, University of Colorado AMC. Application reviewer for pediatric obesity application.

10/2016 NIDDK, Special Emphasis Panel: Healthcare and Delivery and Methodologies IRG, Education and Health: New Frontiers. SRO: Gabriel Fosu, PhD.

1. INVITED EXTRAMURAL LECTURES / PRESENTATIONS and MEDIA PRESENTATIONS (N=49). Unless noted otherwise, lectures were delivered only by me and attended by small groups of learners, approximately 6-15 attendees.

Local (n=26)

1. 11/2008: Clinical focus. Case Conference presentation regarding inpatient treatment for pediatric obesity, Children’s Hospital Colorado. Learners included medical trainees and faculty peers.
2. 03/2011: Research focus, Increasing Fruit and Vegetable Consumption During Early Childhood. Invited by Irene Schauer, Metabolism and Nutrition Interest group. Learners included faculty peers with interest on pediatric obesity.
3. 09/2011: Media, radio interview with KOA Robbyn Hart, Pediatric obesity and bullying.
4. 09/2011: Research focus. Home is where the health is: Preschool obesigenic environments. Invited by Dr. Janine Higgins to present to CCTSI Nutrition fellows.
5. 11/2013: Clinical focus, Crucial Conversations with Patients and their Families. Invited by Michelle Henry, MPH, RD, Dietetic Internship Program Coordinator, Children’s Hospital Colorado at the 2nd Annual Updates in Clinical Nutrition Conference. Learners included RD trainees and faculty peers.
6. 11/2013: Media, "Ask the Expert", (11/2013), participated for day long radio sponsored event to provide expert advice for holiday eating, "Happy Holidays with Toddlers".
7. 12/2013: Clinical focus, Dietetic Nutrition. Provided an invited didactic lecture to local and regional dietetic providers (RD’s) on the delivery of obesity treatment, entitled “Pediatric obesity: Addressing mental health in medical settings”.
8. 04/2014: Media, radio Interview, Topic: Picky Eating. Discussed parenting strategies for children identified as picky eaters, Alice 105.9, Denver, CO.
9. 01/2015: Clinical focus. “Considerations in Caring for the Adolescent Bariatric Patient”, CHCO. Learners included RD, medical providers with clinical interests in weight management.
10. 03/2016: Clinical focus, Invited Speaker, Psychiatry/Psychology Resident presentation: "Childhood Obesity Prevention and Treatment Guidelines" (CHCO). Approximately 6 attendees.
11. 08/2016: Clinical focus, Invited Speaker, Lifestyle Medicine Level 1 Retreat, "Goal Setting in Weight Management". Learners included the LM1 staff and trainees.
12. 09/2016: Clinical focus, Invited Speaker, Schwartz Center Rounds speaker: "Caring for Children with Severe Obesity:  Reflections from the Lifestyle Medicine Program" (CHCO).
13. 11/2016: Academic Clinician and Researcher Career Mentorship, Invited Speaker, Psychology Intern Research Career panel speaker (CHCO).
14. 11/2016: Clinical focus, Invited speaker, CCTSI Nutrition Core presentation: "Managing Preschool Obesity: Just Go to Bed!" (CHCO).
15. 03/2017: Clinical focus, Invited Panel Speaker, Pediatric Weight Management at Children's Hospital, Learners: -6 Psychology and 6 Psychiatry interns, March 21st.
16. 09/2017: Clinical focus, Invited Panel Speaker, Pediatric Weight Management Best Practices, Dietetic Interns, CHCO, September 11th.
17. 11/2017: Media, Invited Panel Speaker, Share our Strengths Cooking: Matters Training at 9 News, November 15th.
18. 12/2017: Media, TV Interview, 9News, Child and Adolescent Weight Stigma, aired December 6th.
19. 10/2020: Media, 5280 Magazine, 5280 interview: How to instill healthy eating attitudes in your kids published: 1/1/2020 <https://www.5280.com/2021/01/how-to-instill-healthy-eating-attitudes-in-your-kids/>
20. 05/2020: Media, CHCO Podcast, Healthy eating habits during the pandemic. Podcast (5/12/2020: S3: E52): <https://www.childrenscolorado.org/health-professionals/professional-resources/charting-pediatrics-podcast/healthy-habits-during-pandemic/>
21. 03/2020: Media, CHCO Interview, Preventing summer weight gain during the Corona virus pandemic: Preventing summer weight gain during the Coronavirus pandemic: <https://www.childrenscolorado.org/conditions-and-advice/parenting/parenting-articles/summer-weight-gain/>
22. 3/19/21: Clinical focus, Invited Panel Speaker (CHCO), Grand Rounds A New Model of Ethics Consultation: An Ethical Framework for Pediatric Metabolic and Bariatric Surgery Evaluation. Speakers: Brian Jackson, Jackie Glover, Jaime Moore, Richard Boles, Thomas Inge.
23. 07/09/2021: Clinical focus, Clinical Fellow Didactic (CHCO) Treating Children with Obesity: State of Behavioral Interventions, Allison Ta, MD.
24. 12/20/21: Clinical and Research focus, Invited Speaker, Dept of Psychology Grand Rounds, Ethics presentation at CHCO Adolescent Bariatric Surgery: Ethical Issues and Health Outcomes for Youth. This lecture fulfils Colorado State licensure requirements (DORA) for ethics-based lectures required for psychologists seeking CE credit. Learners included psychologists at CHCO.
25. 03/15/2022: Clinical and Research focus, Invited Panel Speaker, Pediatric Ethics Grand Rounds, Embedding Ethics-- Developing Ethical Frameworks for Complex Patient Care. I provided case-based discussion of the development and implementation of an ethical framework and the implications for patient care and extension to other clinical areas. Learners included faculty peers.
26. 11/2022: Clinical focus, Invited Speaker, CHCO: 11th Annual Updates in Pediatric Clinical Nutrition Conference. Behavioral Feeding concerns during Early Childhood that have Arisen from the COVID Epidemic. Learners will be LM1 staff and faculty peers with interest in pediatric weight management.

**Regional (n=13)**

1. 07/2009: Clinical focus. Assessment of Dietary Stage of Change. Invited presentation at the Coordinated Nutrition Services, Children’s Hospital Colorado.
2. 10-11/2010: Research focus. Pediatric Obesity: Assessment and Intervention. Invited by Jackie Glover, Ph.D., Associate Professor in the Departments of Pediatrics and Preventive Medicine and Biometrics, to present a 2 part series on the prevention and treatment of pediatric obesity to a community group (Atonement Lutheran Church) as part of a Life Issues Educational Track.
3. 09/2011: Research focus. Invited by Michael Pagliosotti, PhD, Colorado State University, Fall Seminar Series in conjunction with joining as adjunct faculty member at CSU. Pediatric Obesity: Behavioral and Environmental Interventions. Learners included CSU faculty and graduate students in the Nutrition program.
4. 09/2011: Media, TV interview, Denver Channel 9 (NBC), Kim Christenson, Adolescent bullying and obesity.
5. 10/2011: Research focus. Home is where the health is: Preschool obesigenic environments. Invited by Colorado State University to present to the Department of Food Science and Human Nutrition. Learners included undergraduate and graduate students in Nutrition Science.
6. 11/2011: Clinical focus. Childhood Depression and Behavior Management. Invited by Drs. Dana Dabelea and Susan L. Johnson to present for the Douglas County / The National Children’s Study “Ask the Expert” community session on November, 5th 2011. Learners included family and community professionals.
7. 11/2011: Research focus. Early career development awards: Perspectives from a pediatric psychologist. Invited by the Pediatric Psychology Chair, Dr. Sally Tarbell, to present on acquiring grant funding for junior faculty, CHCO.
8. 01/2012: Research Methods focus, Environmental influences on early childhood obesity, Invited by Arthur Davidson, MD, Denver Health and Hospital. Learners (n~5) were faculty with pediatric obesity research interests.
9. 05/2014: Clinical focus. Learning Collaborative talk, Colorado Academy of Family Physicians, 1 hour invited talk to area physicians on family engagement during obesity treatment.
10. 10/2014: Clinical focus, Invited speaker at Pediatric Health Conference to provide talk entitled, “Pediatric obesity treatment: Crucial conversations and managing treatment expectations”. Grand Junction, CO. Approximately 30 attendees.
11. 10/2014: Research focus, Invited Speaker at Colorado State University to provide talk, entitled, “Early childhood obesity: Family functioning and the home environment. Brown Bag Lecture Series, Department of Human Development and Family Studies. Learners included graduate students in Nutrition.
12. 4/14/2021: Clinical focus, ACCESS Webinar (Regional) Improving Access to Services to Identify & Manage Children with Autism Spectrum Disorder and Other Developmental Disabilities, Sandra Friedman MD, Ann Reynolds MD, Rebecca Wilson PsyD, Richard Boles PhD, Elizabeth Coan PsyD and Sara Mattie LCSW.
13. 05/2022: Clinical focus, Invited Speaker, Navigating the Childhood Obesity Epidemic During a Pandemic, “Psychosocial Considerations for Healthy Lifestyle Management: Pediatric Patients”, CME offered for attending medical providers, sponsored by Kaiser Permanente. Followed by interactive case presentations.

**National (n=9)**

1. 06/2008: Media, Live, National TV broadcast interview, CBS Morning Show, interviewed by Julie Chen, LAUNCH: Learning about Activity and Understanding Nutrition for better Child Health.
2. 09/2012: Research focus, Grand Rounds, Interventions to treat preschool obesity: Family-based behavioral programs and hospital-based multidisciplinary approaches to lifestyle changes. Invited by Goryeb Children's Hospital at Morristown Medical Center, Morristown, NJ.
3. 09/2012: Clinical focus, Community Talk in New Jersey, Parenting strategies for children that improve healthy eating and physical activity. Invited by Goryeb Children's Hospital at Morristown Medical Center, Morristown, NJ.
4. 01/2014: Media, Newspaper Interview, discussed food addictions and clinical management, Union Democrat print newspaper, Sonora, CA.
5. 04/2016: Clinical and Research focus, Invited Speaker, The Rosenberry Conference: Childhood Obesity: Causes, Consequences, and Cutting-Edge Treatments. Two oral presentations (2 hrs total): "Childhood Obesity and Mental Health Comorbidities" and "Treating Childhood Obesity: State of Interventions" (CHCO). Learners included community providers, faculty peers, and trainees with interest in pediatric obesity.
6. 04/2017: Clinical focus, Invited Panel Speaker, Wyoming Academy of Nutrition & Dietetics 2017 Conference “Nutrition Updates for Today’s Dietitian", Pediatric Obesity Treatment: A Family-Based Approach.
7. 4/2/2021: Clinical and Research focus, Invited Speaker (National), University of Kansas Medical Center (4/2/21): Adolescent Bariatric Surgery: Health Outcomes and Ethical Issues for Youth with Intellectual and Developmental Disabilities (reviews and acknowledgment letter attached).
8. 10/2022: Clinical focus, Invited lecture to the American Academy of Pediatrics (AAP). Multiple lectures provided in person as part of the Section on Obesity (SOOb)(Anaheim, CA). Topic titles are: Prevalence of Mental Health Concerns During the COVID19 Pandemic and Disparities (Boles) and MI-based Counseling Strategies Balancing Attention to Physical and Mental Health: Discussion, Demonstration (Boles and Haemer).
9. 2020-Current. Clinical focus Lecture: Luminary Rounds for Bariatric Surgery. I created an hour-long lecture as part of a multidisciplinary lecture for a half-day learning provided to adolescent bariatric surgery programs interested in learning about our clinical pathway at CHCO. I lecture on the psychosocial aspects of surgery and the pre-, post-, and follow up process for evaluation and clinical management. 8 site visits have been completed.

**International (n=1)**

1. 10/28/2021: Clinical and Research focus, Invited Panel Speaker (International; Canada) Mental Health “Red Flags” for Bariatric Surgery: Revisiting Evidence. My lecture was entitled: Assessing Patients with Intellectual and Developmental Disabilities for Bariatric Surgery: Determining Surgery Readiness. Sponsored by Canadian Association of Bariatric Physicians and Surgeons (CABPS), Ontario, Canada. Learners included community providers in Canada and US.
2. **TEACHING / MENTORING:**

08/2000-05/2001 Teaching Assistantship. Missouri State University, Department of Psychology. Independently taught introductory statistics at the undergraduate level for two consecutive semesters. Selected texts and prepared all lectures, tests, and homework assignments. Supervisor: D. Wayne Mitchell, Ph.D.

08/2003-05/2004 Statistical Consultation. Conducted statistical analyses as a paid consultant on a pediatric psychology-based data set. Utilized inferential statistics, including MANCOVA, HLR, and mediator/moderator analyses.

06/2006-06/2008 Mentor, Summer Undergraduate Research Program, Research Assistants, Cincinnati Children’s Hospital Medical Center. Provided mentorship to a summer undergraduate research fellow and research assistants in clinical pediatric research. Supervised daily research activities and training for home observations of food and activity environments.

08/2008-2015 Undergraduate. Children’s Eating Laboratory Undergraduate Student Internship Program. I have individually instructed and mentored 35 students from universities in Colorado, Tennessee, and Oregon. All students participated on my research projects, including data collection, management, and analyses. All students also participated, with my guidance, in our weekly Journal Club.

07/2009-06/2010 Graduate. Diana Tapay, MD for Mentored Scholarly Activity (MSA) project.

05/2010-05/2012 Graduate. Lisa Nicole Harrison (Nikki), MD for MSA project.

03/2011-12/2011 Graduate. Michelle Deland, MA, clinical research internship at CHCO.

08/2011-current Graduate. Alex Burdell, MPH, CHES, Doctoral dissertation committee member CSU.

09/2013 Journal of Nutrition Education and Behavior (JNEB), Webinar. Conducted a webinar for JNEB entitled, “Statistics for Survey Design: Solutions for Success”.

10/2013 Child and Adolescent Psychiatry Training Program. Presented, Child and adolescent obesity: Psychopathology and behavioral interventions to residents.

10/2013 Dietetic Intern Nutrition Talk. Co-lead 4-hour class, lecture entitled, “Child and adolescent obesity: Psychopathology and behavioral interventions”.

12/2013 CHCO Psychology Interns. Didactic training, entitled, “Pediatric obesity: The role of a pediatric psychologist in medical settings”.

04/2014 Post-doctoral Fellow Applicant. David Sharp, Ph.D., T-32 fellowship Candidate, prepared application as Dr. Sharp’s primary mentor-not selected for fellowship.

10/2014 Invited JNEB Journal Club Webinar, series presenter.

03/2014-current Graduate student. Elizabeth Tilak, Doctoral dissertation committee member (CSU).

11/2014 Psychology Intern class. Provided talk on academic research professional development on a medical campus, grant mechanisms, and work-life balance.

04/2015 Journal of Nutrition Education and Behavior (JNEB), Webinar. Conducted a webinar for JNEB entitled, “Inter-rater Reliability”.

08/2015-current Research Intern. Supervising Krista Lange, Doctoral Candidate, completing her clinical internship at Children’s Hospital Colorado. Four hr/week research internship in childhood obesity.

10/2015 Dietetic Intern Nutrition Talk. Co-lead 4-hour class, lecture entitled, “Child and adolescent obesity: Psychopathology and behavioral interventions”.

12/2016 Nutrition Journal Club 3-part Series: Childhood Obesity and Sleep (UCD-AMC).

08/2016-2019 Fellow Mentoring: Carina Kugelmas, MD (Clinical), Kameron Moding, PhD, Jamie Moore, MD (Clinical), Christopher Mulligan, PhD, Dannah Raz, MD (DBP). (Member of Scholarship Oversight Committee for Jaime Moore and Dannah Raz).

06/2017 Junior Faculty Mentoring: Jonathan Miller, PhD, BCBA-D, Department of Psychiatry, UC. Submitted DPEF, RSA, and K23 as mentor for Dr. Miller. Awarded the DPEF and RSA; K23 being revised for resubmission.

2017 Fellow Mentoring: Kameron Moding, PhD, Jamie Moore, MD (Clinical), Dannah Raz (DBP). (Member of Scholarship Oversight Committee for Jaime Moore and Dannah Raz; T32 Mentor for Jaime Moore).

10/2017 Doctoral Student Mentoring: Sarah Hibbs-Shipp at CSU. Successfully defended her dissertation on October 16th.

05/2020 Panel Speaker, Co-administered the Obesity ECHO Series training for medical providers. May 27th-June 24th. Featured lecturer for 2 sessions focused on motivational interviewing and psychological aspects for pediatric obesity management.

09/2020 Invited Panel Speaker, Pediatric Weight Management Best Practices, Dietetic Interns, CHCO, September 21st.

04/2020 Invited panel speaker for the AUCD, sponsored by the CU-AMC LEND and UCEDD, to present: “Community Engagement Science in Autism Spectrum Disorders”. April 13th.

05/2020 Panel Speaker, Revised and delivered the Didactic Research Seminar Series for learners in Developmental and Behavioral Pediatrics (4 sessions during 2020).

09/2020 Clinical Fellow Didactic, Treating Children with Obesity: State of Behavioral Interventions, Stephanie Waldrop, MD

05/2021-06/2021 Panel Presenter, Regional, Co-administered the Obesity ECHO Series training for medical providers (2nd year of delivery). May 18th-June 22nd. Specific lectures I delivered/co-delivered (3/6 lectures), noted below:

* + May 25: Drs. Haemer & Boles, Identifying Weight Related Medical Problems and Motivating Change
	+ June 15: Drs. Haemer & Boles, Putting it All Together: Motivational Interviewing (MI) in Action
	+ June 22: Drs. Haemer & Boles, Review and Practice Motivational Interviewing

10/11/21 Invited Lecture (CHCO) Pediatric Weight Management Best Practices, Learners: Dietetic Interns.

2021 Peer-mentoring (2): Jamie Moore, MD, (Nutrition) K23 submission (see grants submission); CCTSI grant. Lauren Gulley, Phd, Research project (see grants section) (Pediatric Endocrinology).

2021 Graduate Student (2) mentoring for database building (REDCap), behavioral coding, and statistical analyses (Colorado State University) Abigail Flesher, Nan Zeng.

2021 Post-Doctoral Mentorship, Developmental Pediatrics (n=4):

(1) Jillian Green, MD (SOC) Project in data collection: Testing the ECHO Model to Improve Primary Care Provider Identification and Management of Children with Autism Spectrum Disorder. COMIRB ID: APP001-1.

(2) Puji Jonnalagadda, MD (SOC). Project complete and manuscript submitted: School concerns as proxy for Learning Disabilities: Screening practices, identification and addressing school concerns in a residency-training pediatric primary care clinic. Shanmuga Puji Jonnalagadda MD, Richard Boada PhD, Richard Boles PhD, Sandra Friedman MD MPH, Ayelet Talmi, PhD. Dr. Jonnalagadda is now affiliated with University of Texas, Health Science Center.

(3) Sara Williams, MD (SOC). Project complete and manuscript submitted: Medical Aspects of the Dual Diagnosis of Down Syndrome and Autism Spectrum Disorder; Sara Williams, MD, Richard Boles, PhD, Francis Hickey, MD, Sandra Friedman, MD, MPH, Lina Patel, PsyD. Dr. Williams is now academic faculty at Cincinnati Children’s Hospital Medical Center, Cincinnati, OH.

(4) Kristen Slaymaker, D.O., SOC and Individual Mentorship for Research, Research Project: Developmental Trajectories of Children in Foster Care. Presented at MCHB.

09/2021-06/2022 Lectures for Research Seminar Series, Developmental Behavioral Pediatrics (CHCO). Created, revised and delivered (as individual or co-presented lectures, based on topic) the Didactic Research Seminar Series (I created original content for several lectures that I delivered in this series for learners in Developmental and Behavioral Pediatrics: graduate students, fellows, faculty). My lectures for 2021 included: Writing an Abstract for Submission (11/18/21), Developing a REDCap Database (1/27/2022), and Using Endnote in Research, 2/24/2022.

07/2022 Clinical Fellow Didactic Lecture, Treating Children with Obesity: State of Behavioral Interventions, Anthony Wang, MD.

08/2022 Brandon Osborn, Diversity Fellow T-32 Nutrition,

Member of Scholarly Oversight Committee.

08/2022 Alyssa Eygnor, MPH (Community Health) Role: Practicum Mentor. This student project will focus on conducting a community needs assessment for Grand Junction, CO, an outreach site for increasing support for children with autism. My supervision will focus on survey development and research methodology.

RESEARCH EXPERIENCE

1. GRANT SUPPORT

(Active, n=5)

1. NIH (R01) (DK 210813) (Haemer) 07/1/2021-06/30/2026

Family Inclusive Childhood Obesity Treatment designed for Low Income and Hispanic Families. Hispanic families, especially Spanish Speakers, have been under-represented in studies of childhood obesity treatment, and existing interventions have not demonstrated effectiveness for this group. The goal of this project is to evaluate a novel family-inclusive childhood obesity treatment program designed for low-income and Hispanic, including Spanish Speaking families. Total Direct: $3,812,598. Role: Co-I (15% effort).

1. DOD: W81XWH-20-ARP-CTRA. (Blakely-Smith) 09/01/2021-09/01/2024

Group Cognitive Behavioral Treatment for Anxiety in Adolescents With ASD and Intellectual Disability: A Randomized Controlled Trial. 3 years. Total: $931,167 (Total Direct $ 598,822) Role: Co-I (5% effort).

1. Upper Payment Limit Award, (Friedman). Renewed annually.

Developmental Pediatrics, Project ACCESS: Program Evaluation leader. My role is focused on data management and evaluation of overall project and dissemination of results. Total: $153,000. Role: Co-I (10% effort).

1. 1UG3OD023248-01 NIH  (Dabelea) 09/01/2016 – 08/31/2023

The Early Life Exposome and Childhood Health – The Healthy Start 3 Cohort Study. The overarching goal of this project is to leverage an existing, ongoing pre-birth cohort (Healthy Start, R01DK076648, PI Dabelea) to determine the early life “exposome” across a wide range of exposures (social, lifestyle, nutritional, chemical, physical), and to conduct integrative analyses with child health outcomes that are informed by biological pathways and account for postnatal factors. Total Direct: $9,047,626. Role: Co-I (5% effort for 3 years, currently in-kind). 1st paper under review.

1. National Pork Board Pork Checkoff  19-029 (Tang) 04/15/2019 - 04/14/2023

Human Nutrition Research Grant. Meat consumption during infancy on growth, gut health, sleep and neurodevelopment: a randomized controlled trial. The proposed project will address several research priorities in the RFP, including the role of dietary pork in growth and development; optimizing gut microbiome with pork consumption; and improving mental health during infancy. I am specifically investigating the development of sleep and development during growth. Role: Co-I. Total direct cost: $286,660.

Active, In-kind mentored Grants

1. NORC (MPI: Gulley, Cushing) 01/01/2021 – 12/31/2022

University of Colorado Nutrition and Obesity Research Center (CU NORC) and the Center for Children's Healthy Lifestyles & Nutrition in Kansas City (KC CHLN) inter-institutional, collaborative pilot and feasibility project. I will support the project by providing expertise on parental behaviors and the home environment on early childhood diet, activity, and sleep, and how these factors relate to obesity in this pediatric population

Role: Co-I (in-kind).

Grant Support (Pending/In Review, n=4)

1. NIH (R01) (DK 1 R01 HD105237-01). (Tang) Influences of Diet, Gut Microbiota and Sleep Behaviors on Growth and Obesity Risk in Infants and Toddlers. The overall objective of this project is to identify the effects of diet, gut microbiota and sleep behaviors on growth trajectories and risk of overweight during complementary feeding. (Resubmitted and received IF=33, 12th percentile). My role as Co-I will be to test hypotheses related to sleep behaviors changing over time with differences in diet compositions. Waiting on Council for funding decision. Role: CO-I Boles.
2. NIH (R01): (1 R01 DK127994-01) (PI: Campbell). Resubmission June 2022. Barriers to Metabolic Bariatric Surgery Referrals for Adolescents with Severe Obesity: A Multi-Stakeholder Study of Patients, Parents and Providers. Role: Co-I. (10% effort). My role will be to support data interpretation of qualitative and quantitative data, manuscript production and presentation. Second Submission: First submission received 25th percentile. Review date scheduled 09/29/2022.
3. PCORI (PI: Reaven). Submitted May 2022. Comparative Effectiveness of Interventions Targeting Mental Health in Individuals with Intellectual and Developmental Disabilities. The purpose of the current study is to directly compare ZOR and FYF-SB on meaningful treatment outcomes, including reductions in anxiety symptoms, reductions in emotion dysregulation and improvements in stakeholder-identified outcomes of interests (e.g., attendance, school participation, number of disciplinary actions, etc.). The acceptability and feasibility of each intervention will also be compared. 3-year, Total: $3,000,000. Role: Co-I. (5% effort). Update: Reviewer questions requested 08/2022. Grant remains in negotiations for funding consideration.
4. Organization for Autism Research (OAR) (PI: DeVries). A randomized trial of a parent-focused sexuality education program for autistic youth. The purpose of the proposed study is to evaluate the acceptability, feasibility, and efficacy of the Birds & Bees program, a novel group intervention for parents and caregivers of autistic preteens and teens navigating puberty, compared to a waitlist control. The project will be conducted over the course of one year and we are requesting a total of $40,000. Role: Statistical and Methodological Consultant and will be a Co-author on all products. Submitted 08/2022.

Grant Support (Currently In Revision/resubmission, n=2)

1. NIH 1R01DK134462-01. Teen-LABS all grown up: 15-year results of adolescent bariatric surgery (Boles, Inge, Jenkins, Ryder). The overarching goal of the Teen-LABS study is to provide high quality data informing the medical community, stakeholders, and public about long term weight loss durability, health impact, safety, and mechanisms underlying the physiologic effects of bariatric surgery when used in adolescence. In the upcoming fourth funding cycle of the study (Teen-LABS Continuation 4 or TLC-4), we will build on the insights that the study has already provided in the first 15 years. NIDDK approved on 12/6/2021, via live presentation, the request for a budget >$500,000 for all five years of this proposal. (15% effort). This was recently scored at 47th percentile, IF: 52. We plan to revise and resubmit for 1st cycle 2023.
2. NIH 1R21HD110705-01. (Boles, Pratt). Romantic relationship and parenting transitions in early adulthood following adolescent bariatric surgery. This project will leverage the only existing cohort of US-based emerging adults who had bariatric surgery as adolescents (via Teen-LABS) to assess a 10+ year history of romantic relationship formation and quality and current parenting practices. This study is significant in that it will be the first to provide foundational knowledge on promising risk and protective romantic relationship and early parenting targets to direct future research and intervention for this high-risk group of adolescents with severe obesity who received bariatric surgery. (15% effort). This grant was submitted during the 2nd cycle but was administratively withdrawn due to an error by the NIH and has subsequently been reassigned for review for the 3rd cycle of 2022.

Grant Support (Completed)

1. CHCO QI project: (Moore). 08/01/2021-08/01/2022

Clinical and Operational Effectiveness and Patient Safety Small Grants Program. Patient-centered, evidence-based obesity management and care coordination for youth with autism and intellectual disability. Role Co-I. My participation on this project has led to the creation of highly novel curricula and training materials for providers in LM. Specifically, I created video-based learning modules that simulate patient and provider interactions focused on key topics, including pill swallowing, trying new foods, and behavioral challenges related to screens and meal settings. These videos were also combined with EPIC related smart texts that can be used by providers to populate notes with key goals and recommendations related to the videos and patient encounter. Total: $25,000 (in-kind)

1. R41 MC31075-01-00 (HRSA) (Reaven) 09/01/17-05/31/21

Facing Your Fears in School Settings: Implementing a CBT Program for Students with ASD or Other Special Learning Needs. The purpose of this project is to adapt the Facing Your Fears program for school settings and for underrepresented racial/ethnic minority students. Once adapted, a small RCT will be conducted to evaluate effectiveness of the program as delivered by school teams. Role: Co-I. Effort: 5%. Total Cost: $300,000.

1. NORC Pilot and Feasibility Award (Moore) 08/01/19-07/31/20

Adjunctive anti-obesity pharmacotherapy in adolescents and young adults after bariatric surgery: a randomized controlled pilot study. My role was to provide psychological oversight for patients on medication for safety management. Total: $20,000 Role: Mentor / Co-I (in-kind)

1. COLO-2014-08398 USDA-NIDA-AFRI (Bellows) 05/1/2015-04/01/2020

Bridging home and preschool environments to promote healthy eating and activity behaviors and prevent obesity in early childhood. The overall objective of the HEROs Study (Healthy EnviROnments Study) was to develop a companion, technology-based, interactive family intervention to assess the potential amplification of The Food Friends programs to promote healthy lifestyles and weight outcomes for young children in both Head Start and family settings. Total: $505,120. Role: Co-I. Effort: 5%

1. CCPD-2594 (Boles) 10/01/2016-10/01/2018

Colorado Dept. of Public Health & Envir.

Community-Clinical Linkages for Diabetes Prevention in Low-Income Families: The Healthy Living Program. This project will implement evidence-based preventive care and treatment for childhood obesity in clinics serving low-income populations at high risk of obesity-related health disparity. This grant will transition The Healthy Living Program from a successfully grant-funded research collaboration between the University, safety-net clinics, and community recreation centers to a sustainably funded clinic and community partnership. Total: $489,730.

1. R03DK107945 (Boles) 01/15/2016-12/31/2018

NIH/NIDDK

Family and Home Environment Factors Impacting Sleep Duration During Early Childhood This study will identify the relationship between family chaos, parenting behaviors, child sleep behavior problems with sleep duration. Additionally, the study will clarify the additional impact of child factors and home environment characteristics on child sleep behaviors. (2.7% effort). Total: $100,000

1. COL00640 (Bellows, Boles, Johnson) 07/01/2015-06/30/2017

USDA, AES

The Home Food Environment: Linking Home Food Availability with Nutritional Health and Chronic Disease Risk. Achieving the study goals will make a direct contribution to NIFA Goal 4 (Childhood Obesity) by furthering information on the quality of the home food environment and assessing this relationship to parent/child obesity and health status. In addition, results of findings will address the State Priority by “linking with Cooperative Extension personnel who can facilitate dissemination and application of the research results”. Total: $60,000 Effort: in-kind

1. K23DK087826 (Boles) NIH/NIDDK. 05/2011-6/2017

Environmental Influences on Early Childhood Obesity. The goals of this project were to determine the association of parental feeding styles and the home food and activity environment on preschool weight status and to pilot an intervention designed to improve weight status among overweight preschool children. Effort 75%.

1. Grant # 5510 (Haemer) The Colorado Health Foundation. 07/2013-09/2016

A University-Clinic-Community Collaborative to Prevent and Treat Childhood Obesity in the Northern Denver Metro Area. The major goals of this award were to continue the development and testing of a community-based intervention to prevent and treat pediatric obesity in underserved urban primary care and community recreation settings. [FTE: 10%](Total Direct Costs $832,715). Role: Co-I.

1. CSU Public Health Research Pilot Grant (Bellows, Boles, Johnson)07/01/2015-06/30/2016

Understanding the home food environment and its link to chronic disease risk in families with young children: An exploratory study. The major goals of the project were to explore if home food availability, as evaluated using the Home IDEA tool, is correlated with parent dietary intake, and chronic disease risk. We also explored if adult dietary intake or chronic disease risk correlates with child weight status. Total: $19,812 (in-kind)

1. University of Iceland Research Fund 12/2013-06/2015

Healthy preschoolers: Assessment of nutrition, feeding behavior, activity, sleep, parenting, family routines, home environment, and emotional and behavioral problems in relation to child weight status. ($8,000) (3% effort, in kind). Role: CO-I

1. United States Department of Agriculture (CSU G-8091-1) (Bellows)01/2010-04/2014

A Longitudinal Study to Assess if the Effectiveness of a Preschool Nutrition and Physical Activity Program is sustained in Elementary School. Direct Cost: $219,633, 4% effort, in kind. Role: Co-I

1. 1P01HS02113801- AHRQ (Davidson) 07/2012-04/2013

Center for Excellence in Research in Implementation Science and Prevention. Effectiveness of Community Health Worker-Mediated Childhood Obesity Prevention in Families. (Direct Cost: $224,641) (6% effort, in kind). Role: Co-I.

1. Colorado Health Foundation; Healthy Living. (Haemer) 01/2010-08/2012

A University-Clinic-Community Collaborative to Prevent and Treat Childhood Obesity in Commerce City, CO. Role: CO-I

1. Research Institute, CHCO, Research Scholar Award. (Boles) 07/2009-06/2011

Increasing Fruit and Vegetable Consumption during Early Childhood.

1. NIH, **(**NIDDK) Grant # T32 DK063929 (PI: Scott W. Powers) 07/2006-06/2008

NRSA Postdoctoral Research Fellow, Cincinnati Children’s Hospital Medical Center, Child Behavior and Nutrition with a focus in Pediatric Obesity. This funding provided funding for an independent research project (Study PI: Boles), Assessment of the Home Health Environment.

1. The Society for Public Health Education (Boles) 08/2004-05/2005

Fellowship funded by the Center for Disease Control and Prevention Injury Center (National Center for Injury Prevention and Control), Supervising Children During Parental Distractions.

1. Rebecca Routh Coon Injury Research Grant 05/2002-08/2004
2. American Psychological Foundation (Renamed the Lizette Peterson-Homer Injury Research Grant), Children’s Risk Taking Behaviors: The Role of Child-Based Perceptions of Vulnerability and Temperament. Multiple PI: Boles, Brown, Mayes
3. University of Kansas Research Grant (Boles) 05/2002-05/2003

Children’s Risk Taking Behaviors: The Role of Child-Based Perceptions of Vulnerability and Temperament.

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Journal articles, n = 61; Book Chapters, n = 9; Published Abstracts, n = 15

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51. Blakeley-Smith A, Meyer AT, Boles RE, Reaven J. Group Cognitive Behavioural Treatment for Anxiety in Autistic Adolescents with Intellectual Disability: A Pilot and Feasibility Study. J Appl Res Intellect Disabil. 2021 May;34(3):777-788. doi: 10.1111/jar.12854. Epub 2021 Jan 6. PMID: 33410240.
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53. Judy Reaven, Allison T. Meyer, Katherine Pickard, Richard E. Boles, Lisa Hayutin, Caitlin Middleton, Nuri M. Reyes, Susan L. Hepburn, Tanea Tanda, Aubyn Stahmer & Audrey Blakeley-Smith Increasing Access and Reach: Implementing School-Based CBT for Anxiety in Students with ASD or Suspected ASD. (2021) Evidence-Based Practice in Child and Adolescent Mental Health. DOI: 10.1080/23794925.2021.1941430.
54. Campbell EG, Alasmar A, Lawrence R, Kurpius-Brock M, DeCamp M, Kovar A, Schoen J, Inge T, Kelsey MM, Boles R, Engel S. Barriers to metabolic bariatric surgery in adolescents: results of a qualitative study. Surg Obes Relat Dis. 2022 Jun;18(6):794-802. doi: 10.1016/j.soard.2022.03.010. Epub 2022 Mar 23. PMID: 35474008.
55. Bellows LL, Lou Y, Nelson R, Reyes LI, Brown RC, Mena NZ, Boles RE. A Narrative Review of Dietary Assessment Tools for Preschool-Aged Children in the Home Environment. Nutrients. 2022 Nov 12;14(22):4793. doi: 10.3390/nu14224793. PMID: 36432478; PMCID: PMC9694043.
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57. Haemer M, Tong S, Bracamontes P, Gritz M, Osborn B, Perez-Jolles M, Shomaker L, Steen E, Studts C, Boles R. Randomized-controlled trial of a whole-family obesity prevention and treatment intervention designed for low-income Hispanic families: HeLP the healthy living program. Contemp Clin Trials. 2023 Oct 16;135:107359. doi: 10.1016/j.cct.2023.107359. Epub ahead of print. PMID: 37852530.
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59. Barrett KJ, Hibbs-Shipp S, Hobbs S, Boles RE, Nelson TL, Johnson SL, Bellows LL. Maternal Risk of Cardiovascular Disease Is Associated with Higher BMI Among Preschool-Aged Children: A Cross-Sectional Study. Child Obes. 2023 Mar 8. doi: 10.1089/chi.2022.0207. Epub ahead of print. PMID: 36888544.
60. White GE, Boles RE, Courcoulas AP, Yanovski SZ, Zeller MH, Jenkins TM, Inge TH. A Prospective Cohort of Alcohol Use and Alcohol-related Problems Before and After Metabolic and Bariatric Surgery in Adolescents. Ann Surg. 2023 Sep 1;278(3):e519-e525. doi: 10.1097/SLA.0000000000005759. Epub 2022 Nov 17. PMID: 36538630; PMCID: PMC10188659.
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Published Abstracts (N = 15)

1. Brown, K. J., Roberts, M. C., Boles, R. E., & Mayes, S. (2004, April). Predictors of children’s behavior in a simulated hazard room: Parental perceptions and child. Pediatric Research, 55, 4, 80A-81A, Part 2, Suppl. S.
2. Boles, R. E., Reiter-Purtill, J., & Zeller, M. Pediatric Obesity Risk Factors: The Role of Child Temperament and Parenting Behaviors. [Abstract] Obesity Research, (2006). Abstract presented as a poster at the 2006 Annual Scientific Meeting of NAASO, The Obesity Society, Boston, Massachusetts.
3. Boles, R. E., Dunlap, E., Bolling, C., Steele, M. M., & Stark, L. J. Preschool Obesity: Preliminary Data from a Behavioral Program Utilizing Home Visitations. [Abstract] Obesity Research, (2007). Abstract presented as poster at the 2007 Annual Scientific Meeting of NAASO, The Obesity Society, New Orleans, Louisiana.
4. Boles, R. E., & Stark, L. J. Outpatient Treatment for Preschool Children with Extreme Pediatric Obesity. [Abstract] Obesity Research, (2007). Abstract presented as a poster at the 2007 Annual Scientific Meeting of NAASO, The Obesity Society, New Orleans, Louisiana.
5. Bolling, C., Stark, L., Crosby, L., & Boles, R. E. How Pediatricians Can Improve Diet and Activity for Overweight Preschoolers: Tips from Parents. [Abstract] Obesity Research, (2008). Presented as poster at the 2008 Annual Scientific Meeting of The Obesity Society, Phoenix, Arizona.
6. Boles, R. E., Reiter-Purtill, J., Wilson, L., & Zeller, M. Parental feeding practices among persistently obese and non-obese adolescents . [Abstract] Obesity Research, (2008). Presented as poster at the Annual Scientific Meeting of The Obesity Society, Phoenix, Arizona.
7. Boles, R. E., Scharf, C., Spear, S., & Stark, L. J. (2009, October). Preschool Home Environments: Obesigenic Characteristics. Poster accepted for poster presentation at The Obesity Society’s Annual Scientific Meeting, Washington D.C.
8. Burger, K., Boles, R. E., Cornier, M-A., & Johnson, S. L. Principal Component Analysis of Food Images: The Role of Hedonic Value. (2009, October). Poster presentation at The Obesity Society’s Annual Scientific Meeting, Washington D.C.
9. Boles, R. E., Ulloa, M., Hughes, S. O., & Johnson, S. L. Linking parental feeding styles with sleep behaviors in preschool children from families at risk for obesity (Obesity Society, 2014).
10. Gunnarsdottir, T., Njardvik, U., Bjarnason, R., Wilfley, D., Hill, J. O., & Boles, R. E. Testing the feasibility of a low-intensity, parent-only, early childhood behavioral treatment program for obesity (TOS, 2014).
11. Haemer, M. A., Goldberg, S, Boles, R. E., Sohung, T., & Krebs, N. Long-term Outcomes of a Community-Based and Clinic-Linked Treatment for Low-Income Latino Children (TOS, 2014).
12. Bellows, L., Johnson, S.L., Davies, P., Gavin, W., Chamberlin, B., Boles, R., Thompson, D., Gleason, J.  The HEROs Study: Bridging Home and Preschool Environments to promote Healthy Eating and Activity Behaviors to Prevent Obesity in Early Childhood. Journal of Nutrition Education and Behavior, 48(7), S112-113.
13. Bellows, L., Johnson, S.L., Davies, P., Gavin, W., Boles, R.  Longitudinal Findings from the Colorado LEAP Study: An Obesity Prevention Study in Early Childhood. Journal of Nutrition Education and Behavior, 48(7), S112-113.
14. Johnson, S.L., Ryan, S.\*, Kroehl, M., Boles, R., Davies, P., Gavin, W., Bellows, L.  The Effects of a Preschool Intervention Aimed at Improving Young Children’s Novel Foods. FASEB Journal, April 2016, 30:1155.12.
15. Johnson, S.L., Gavin, W., Davies, P., Taylor, B.\*, Boles, R.,, Bellows, L. Caregivers’ Estimations of 4–7-y-old Children’s Food Neophobia and Eating Temperament and Observations of Children’s Food Refusals. FASEB Journal, April 2016, 30:276.6.

Authored Book Chapters (N = 9)

1. Lazicki-Puddy, T. A., Kleinsorge, C. A., Boles, R. E., & Roberts, M. C. (2003).  Consumer satisfaction.  In T. H. Ollendick & C. S. Schroeder (Eds.), Encyclopedia of clinical child and pediatric psychology (pp. 137-138). New York: Kluwer/Plenum.
2. Boles, R. E., Mashunkashey, J. O., & Roberts, M. C. (2003).  Safety and prevention.  In T. H. Ollendick & C. S. Schroeder (Eds.), Encyclopedia of clinical child and pediatric psychology (pp. 564-565).  New York: Kluwer/Plenum.
3. Roberts, M. C., Brown, K. J., Boles, R. E., & Mashunkashey, J. (2003). Prevention of injuries: Concepts and interventions for pediatric psychology in the schools. In R. T. Brown (Ed). Handbook of pediatric psychology in school settings (pp. 65-80). Mahwah, NJ: Lawrence Erlbaum Associates, Inc.
4. Roberts, M. C., Brown, K. J., Boles, R. E., Mashunkashey, J., & Mayes, S. (2003). Prevention of disease and injury in pediatric psychology. In M. C. Roberts (Ed.), Handbook of pediatric psychology (3rd ed., pp. 84-98). New York: Guilford Press.
5. Fanetti, M., & Boles, R. E. (2004). Forensic interviewing and assessment issues with children. In W. T. O’Donohue & E. R. Levensky (Eds.), Forensic psychology: A handbook for mental health and legal professionals (pp. 246-267). San Diego, CA: Academic Press.
6. Boles, R. E., & Roberts, M. C. (2007). Childhood perceptions of illness and death. In S. Ayers, A. Baum, C. McManus, S. Newman, K. Wallston, J. Weinman, & R. West. (Eds.), Cambridge handbook of psychology, health & medicine (2nd Edition). Cambridge University Press.
7. Cadieux, C., Getzoff, E., & Boles, R. E. (June 2013). Childhood Obesity. Chapter 10: Parenting during Preschool and Early Childhood. McGraw-Hill.
8. Miller, JR, Boles, RE, & Daniels, SR. (2018). Lifestyle Medicine (3rd Edition), Introductory chapter on Behavior Change in Healthy Lifestyle.
9. Boles, RE & Daniels, SR. (2022). Lifestyle Medicine (4th Edition), Pediatric Preventive Medicine. An Introduction.

Professional Research Presentations (N = 82)

1. Boles, R. E., & Peterson, L. (1997, September). Mothers’ beliefs underlying appropriate child supervision. Poster session presented at the 6th Annual Conference in Child Health Psychology Conference, Gainesville, FL.
2. Boles, R. E., & Richard, D. C. S. (2000, November). Associated symptoms of posttraumatic stress disorder. Poster session presented at the 34th Annual Convention of the Association for Advancement of Behavior Therapy, New Orleans, LA.
3. Fanetti, M. N., & Boles, R. E. (2000, June). Accuracy of raters to identify potentially biasing factors during forensic child interviews. Poster session presented at the 12th Annual Convention of the American Psychological Society, Miami, FL.
4. Mitchell, D. W., Boles, R. E., Keet-Bell, J. C., Gora, K. M., Hudson, R. N., & Wallace, D. J. (2001, May). Visual scanning behavior and heart rate: evidence of individual differences in visual discrimination learning. Poster session presented at the 27th Annual Convention of the Association for Behavioral Analysis, New Orleans, LA.
5. Puddy, R., Boles, R. E., Dryer, M., & Otto, R. (2002, October). Multiple source ratings of child behavior as predictors of CAFAS discharge outcomes within a therapeutic classroom. Poster presented at the annual meeting of the Kansas Conference in Clinical Child and Adolescent Psychology, Lawrence, KS.
6. Brown, K. J., Roberts, M. C., Boles, R. E., & Mayes, S. (2004, April). A simulated hazard experience: The accuracy of parental predictions of child home risk behavior. Poster presented at the Pediatric Academic Societies’ Annual Meeting.
7. Brown, K., Mayes, S., Boles, R. E., & Roberts, M. C., (2004, April). Effects of parental viewing of children’s risk behavior on home safety practices. Poster presented at the Society of Pediatric Psychology National Conference on Child Health Psychology, Charleston, SC.
8. Mayes, S., Boles, R. E., Brown, K., & Roberts, M. C. (2004, April). Children’s knowledge of household safety rules. Poster presented at the Society of Pediatric Psychology National Conference on Child Health Psychology, Charleston, SC.
9. Boles, R. E., Mayes, S., Brown, K., & Roberts, M. C. (2004, April). Children’s risk taking behaviors: The role of child-based perceptions of vulnerability and temperament. Poster presented at the Society of Pediatric Psychology National Conference on Child Health Psychology, Charleston, SC.
10. Mashunkashey, J., Boles, R. E., & Roberts, M. C. (2004, July). Native American children and their reports of hope: Relationships with parental hope, life events, and acculturation. Poster presented at the annual meeting of the American Psychological Association, Honolulu, HA.
11. Boles, R. E., Bowers, M., Vernberg, E. M., Nyre, J. E., & Roberts. M. C. (2004, October). Treatment of primary nonretentive encopresis in an Intensive Mental Health Program: A single case study. Poster presented at the annual meeting of the Kansas Conference in Clinical Child and Adolescent Psychology, Lawrence, KS.
12. Davis, A. M., James, R., Boles, R. E., Sullivan, D.K., Donnelly, J.E., & Swirczynski, D.L. (2005, November). Pediatric obesity: Differences between urban and rural children in the state of Kansas. Poster presented at Faculty Research Day and Poster Session, University of Kansas Medical Center, Kansas City, Kansas.
13. Boles, R. E., & Roberts, M. C. (2005, December). Supervising children during parental distractions. Poster presented at the Society for Public Health Education (SOPHE) 56th Annual Meeting Global Health Promotion: Bridging New Worlds and New Cultures, Philadelphia, Pennsylvania.
14. Davis, A. M., James, R., Boles, R. E., Sullivan, D. K., Goetz, J., & Donnelly, J. E. (2006, April). Pediatric obesity in rural and urban areas. Podium presented to National Conference on Child Health Psychology.
15. Zeller, M. H., Modi, A. C., Roehrig, H. R., Boles, R. E., Kirk, S., Daniels, S. R., Inge, T. H. (2006, June). Adolescents presenting for bariatric surgery: Do they fare better than we think? Symposium presented to The American Society for Bariatric Surgery.
16. Spear, S., Boles, R. E., Stark, L., & Scharf, C. (April, 2009). Developing and Evaluating a Treatment Program for Obesity in Preschool Age Children: Preliminary Data and Lessons Learned. Symposium presented at the Midwest Conference on Pediatric Psychology.
17. Brannon, E. E., Kuhl, E., Ratcliff, M. B., Valenzuela, J., Alyward, B., Johnson, S. L., Boles, R. E., Powers, S. W. (2011). Seeing is believing: Caregiver misperceptions and concern for overweight in a low-income African American preschool population. Poster presented at the Annual Society of Pediatric Psychology Conference.
18. Haemer, M., Boles, R. E., Winbourn, S., Goldberg, S., Rouge, A., & Krebs, N. Pilot Results of a Multi-level Partnership to Treat Obesity in Low-Income Hispanic Children. (2011, October). Poster presented at the Annual Scientific Meeting of The Obesity Society, Orlando, Florida.
19. Haemer, M., Boles, R.E., Winbourn, S., Goldberg, S., Krebs, N. F., (Aril 28-May 1, 2012). “An Enhanced Screen Performs Better than 5-2-1-0 for Lifestyle Assessment in Low-Income Hispanic Children”. Abstract selected for poster presentation at Pediatric Academic Societies’ Annual Meeting, Boston, Massachusetts.
20. Brannon, E.E., Kuhl, E., Benoit, M.R., Valenzuela, J., Aylward, B., Johnson, S.L., Boles, R.E., Powers, S.W. (2012, April). The Eating in the Absence of Hunger Paradigm: A Novel Approach to Identification of Eating Behaviors Contributing to Overweight in Low-Income, Minority Preschoolers. Poster presentation at the National Conference for Pediatric Psychology, Milwaukee, WI.
21. Brannon, E.E., Kuhl, E., Benoit, M.R., Valenzuela, J., Aylward, B., Johnson, S.L., Boles, R.E., Powers, S.W. (2012, April). Examining Longitudinal Feeding Practices and Child Eating Behaviors in a Minority Population: Feasibility and Validity Challenges. Poster presentation at the National Conference for Pediatric Psychology, Milwaukee, WI.
22. Boles, R. E., Jaramillo, A., Bellows, L., Gavin, W., and Johnson, S.L. “Development of a Home Food and Activity Assessment for Families with Diversity In the Colorado LEAP Study”. (May, 2012). Abstract accepted for poster presentation at the International Society of Behavioral Nutrition and Physical Activity 2012 Annual Meeting in Austin, TX.
23. Burdell, A., Bellows, L., Johnson, S. L., Gavin, Boles, R. E. “Assessing the Nutrition and Physical Activity Home Environment of Families with Young Children”. (May, 2012). Abstract accepted for poster presentation at the International Society of Behavioral Nutrition and Physical Activity 2012 Annual Meeting in Austin, TX.
24. Kuhl, E.S., Brannon, E., Ratcliff, M., Valenzuela, J., Aylward, B., Boles, R. E., Johnson, S., & Powers, S. (May, 2012). “Feasibility of Using the Eating in the Absence of Hunger Paradigm with Low-Income, Minority Preschoolers”. Abstract accepted for poster presentation at the International Society of Behavioral Nutrition and Physical Activity 2012 Annual Meeting in Austin, TX.
25. Johnson, S. L., Davies, P., Boles, R. E., Gavin, W., & Bellows, L. (April, 2013). Parent reports of young children’s sensory characteristics are related to children’s food neophobia (EB).
26. Goldberg, S., Johnson, S. L., Bellows, L., & Boles, R. E. (April, 2013). Increasing parent persistence to serve fruit and vegetables during early childhood\* (New Orleans, LA, SPP).
27. Johnson, S. L., Biglin, C., Williams, K., Boles, R. E., Davies, P., Gavin, W., & Bellows, L. (May 2013). What is there to be afraid of? Young children’s conceptions and experiences of trying new foods (Ghent, Belgium; ISBNPA).
28. Bellows, L., Johnson, S. L., Davies, P., Gavin, W., & Boles, R. E. (May 2013). Design and Participant Characteristics for the Colorado LEAP Study: A Longitudinal Study for Obesity Prevention in Early Childhood (Ghent, Belgium; ISBNPA).
29. Johnson, S. L., Boles, R. E., Davies, P., Gavin, W., & Bellows, L. (May 2013). Children’s oral sensory characteristics mediate parent child feeding responses to their child’s neophobia  (Ghent, Belgium; ISBNPA).
30. Bellows, L., Gavin, W., Johnson, S., Boles, R. E., & Davies, P. (May 2013). Effectiveness of a Preschool Physical Activity Intervention on Gross Motor Skills: The Colorado LEAP Study (Ghent, Belgium; ISBNPA).
31. Boles, R. E., Johnson, S. L., Davies, P., Gavin, W., Burdell, A., & Bellows, L. (May, 2013). Physical and social determinants of early child fruit and vegetable intake: A mediation analysis\* (Oral talk, Ghent, Belgium; ISBNPA) .
32. Burdell, A., Bellows, L., Johnson, S. L., Davies, P., Gavin, W., & Boles, R.E. (May 2013). Assessing home food availability and dietary consumption of preschool aged children in rural communities (Ghent, Belgium; ISBNPA).
33. Haemer, M.A., Goldberg, S., Boles, R.E., Krebs, N. F., & Winbourn, S. (Nov 2013). Controlled trial of technology-supported motivational interviewing in primary care to decrease childhood overweight and obesity. Atlanta, GA; Obesity Society annual meeting.
34. Hampl, S., Shaffer, L., Santos, M., Getzoff, E., Gaffka, B., Christison, A., Boles, R. E., Rhodes, E. (May 2014) What Does Success Mean? Goals of Parents and Teens in Weight Management (Vancouver, BC, Canada; PAS).
35. Johnson, S.L., Davies, P. L., Boles, R. E., Gavin, W. J., & Bellows, L. (May 2014). Developmental aspects of preschoolers’ exploratory eating behaviors, food refusal and food preference. (San Diego, CA; ISBNPA).
36. Burdell, A C., Bellows, L. L., Johnson, S. L., Davies, P. L., Gavin, W. J., & Boles, R. E. (May 2014). The modification of a home assessment tool for rural families with young children (San Diego, CA; ISBNPA).
37. Gunnarsdottir, T., Huben, R., Cardel, M., Brown, C., Boles, R., Peters, J. C., Hill, J.O. (May 2014). 5th graders’ physical activity and dietary behaviors: focus groups with parents. Submitted to International Society of Behavioral Nutrition and Physical Activity Annual Meeting. (San Diego, ISBNPA).
38. Gunnarsdottir, T., Cardel, M., Wanttaja, K., Brown, C., Beck, J., Boles, R., Peters, J.C., Hill, J. O. (May 2014). Energy balance and health: a qualitative exploration of 5th graders’ perceptions and knowledge. (San Diego, ISPNPA).
39. Boles, R. E., Gunnarsdottir, T., Johnson, S. L. (May 2014). Preschool children at risk for obesity: The mediating effect of child behavioral and emotional functioning on sleep behaviors. (San Diego, ISBNPA).
40. Knierim S, Moore S, Yun L, Haemer M, Boles R, Hambidge SJ, Davidson A. Parent and Patient Navigator Perspectives on In-Home Intervention for Low-income Children with Obesity. (Poster presentation) 2015 Pediatric Academic Societies Annual Meeting in San Diego, CA.
41. Sarah K Cebron, Rachel Z Blumhagen, Miranda E Kroehl, Richard E Boles, Darcy A Thompson. Maternal beliefs and restrictive practices regarding bedtime TV viewing in low-income Mexican American families. (Poster presentation) 2015 Pediatric Academic Societies Annual Meeting in San Diego, CA.
42. Susan L Johnson, Laura Bellows, Patricia Davies,William Gavin, Richard E Boles. Longitudinal associations between parent reports of child food acceptance and parent feeding practices. (Poster Presentation) 2015 International Society of Behavioral Nutrition and Physical Activity.
43. Laura Bellows, Patricia Davies, Susan Johnson, Richard Boles, & William Gavin. Evaluating two models depicting the relationships between physical activity, gross motor skills, perceived athletic competence, fitness and weight status in preschoolers. (Oral presentation) 2015 International Society of Behavioral Nutrition and Physical Activity.
44. Michelle Cardell, Laura Bellows, Richard Boles, Patricia Davies, William Gavin, & Susan Johnson. Self-Concept and Obesity Risk in Low Income Diverse Preschoolers. (Oral presentation) 2015 Experimental Biology, Boston, MA.
45. Richard E. Boles, PhD, Cristina Ulloa, BA, & Ann Halbower, MD. Sleep patterns of low-resource, minority preschool children at risk for obesity: The role of family chaos and the home physical environment. Behavioral Sleep Medicine Conference 2015 (November), Florida.
46. Shanna Knierim, RN, MSN; Susan Moore; Lourdes Yun; Matthew Haemer; Richard Boles; Simon Hambidge; Arthur Davidson. Parent and Patient Navigator Perspectives on a Home-Based Model for Health Education in a Safety Net Population. October, 2015 North American Primary Care Research Group 43rd Annual Meeting, Cancun, Mexico.
47. Miller, J. R., & Boles, R. E. (September, 2016). Why weight? A call for behavior analysts to address obesity. Invited address presented at the annual meeting of the Minnesota Northland Association for Behavior Analysis, Minneapolis, MN.
48. Beck, J., Davies, P., Gavin, W., Johnson, S.L., Boles, R., Bellows, L.  Motor Skill Development in at-risk Preschoolers: A Community-Based Longitudinal Intervention Study. Presented at the Lillian Fountain Smith Conference, Department of Food Science & Human Nutrition, Colorado State University, Fort Collins, CO, June 2016.
49. Yoshida, D., Boles, R., Johnson, S.L., Bellows, L.  Development of an Electronic Survey to Capture the Home Food and Activity Environment. Presented at the Lillian Fountain Smith Conference, Department of Food Science & Human Nutrition, Colorado State University, Fort Collins, CO, June 2016.
50. Hibbs-Shipp, S., Johnson, S.L., Ryan, S., Kroehl, M., Boles, R., Bellows, L. The Effects of the Food Friends Intervention at Improving Children’s Consumption of Novel Foods over a 3-year Period. Presented at the Lillian Fountain Smith Conference, Department of Food Science & Human Nutrition, Colorado State University, Fort Collins, CO, June 2016.
51. Hibbs-Shipp, S., Johnson, S.L., Boles, R., Nelson, T., Wdowik, M., Bellows, L.  Maternal Health Matters: The Home Food Environment and Chronic Disease Risk.  Presented at Colorado State University’s Graduate Showcase, November 15, 2016.
52. Miller, J.R., & Boles, R.E. Why weight? A call for behavior analysts to address obesity. Invited address presented at the annual meeting of the Association for Behavior Analysis International, Denver, CO, May 27th, 2017.
53. Blakeley-Smith, A., Meyer, A., Boles, R., Hepburn, S., & Reaven, J. Group Cognitive Behavioral Treatment for Anxiety in Adolescents with ASD and Intellectual Disability. Panel Presentation at the International Meeting for Autism Research (May, 2019), Montreal, Canada.
54. Meyer, A., Boles, R., Pickard, K., Reaven, J., & Blakeley-Smith, A. Examining use of CBT strategies for anxiety: A pilot study with adolescents with ASD and Intellectual Disability. [poster] International Meeting for Autism Research (May, 2019), Montreal, Canada.
55. Pickard, K., Boles, R., Blakeley-Smith, A., Klinger, L., Keefer, A., Duncan, A., Okelley, S., & Reaven, J. (May, 2019) Examining the sustained use of a cognitive behavioral therapy program for youth with autism spectrum disorder and co-occurring anxiety. [poster] International Meeting for Autism Research (INSAR): Montreal, Canada.
56. Reaven, J., Boles, R., Hayutin, L., Hepburn, S., Meyer, A., Morris, M., Pickard, K., Reyes, N., Tanda, T., Walsh, C., & Blakeley-Smith, A. (May, 2019). Addressing Issues of access and reach: an implementation study of Facing Your Fears in urban schools. INSAR 2019: Montreal, Canada.
57. Pickard, K., Meyer, A., Walsh-Middleton, C., Hayutin, L., Blakeley-Smith, A., Boles, R., Morris, M., Reyes, N., Tanda, T., & Reaven, J. The feasibility of a school-based CBT program for youth with ASD and anxiety: Feedback from key stakeholders. ABCT 2019: Atlanta, GA.
58. Moore, J., Inge, T., Boles, R. Prospective Characterization of Adolescents and Young Adults with Intellectual Disability Presenting for Bariatric Surgery. Poster presentation: Obesity Week; 2019 Nov 3-7; Las Vegas, NV.
59. Courtney Batt, Jeanelle Sheeder, Kathy Love-Osborne, Megan Bandeira, Richard Boles, Jaime Moore. Retrospective evaluation of phentermine and topiramate use in a pediatric weight management. Poster Presentation at Obesity Week; 2020 Nov 2-6.
60. Meyer, A., Pickard, K., Reyes, N., Blakeley-Smith, A., Boles, R., Tanda, T., Walsh, C., Hayutin, L., Reaven, J. (May 2020). Evaluating Parent and Teacher Report of Emotion Regulation in Youth with ASD Participating in CBT for Anxiety in Public Schools.[Poster]. INSAR: Seattle, WA.
61. Pickard, K., Meyer, A., Walsh, C., Hayutin, L., Blakeley-Smith, A., Boles, R., Reyes, N., Tanda, T., & Reaven, J. (May 2020). Examining the relationship between organizational climate and the implementation of a CBT program for youth with ASD and anxiety in public school settings. [Poster presentation] International Meeting for Autism Research, Seattle, WA.
62. Engstrom, E., Meyer, A., Boles, R., Reaven, J. & Blakeley-Smith, A. (2020). Understanding the Daily Activities of Adolescents with Autism Spectrum Disorder and Intellectual Disability Receiving Group CBT Treatment for Anxiety. [Poster presentation] International Society for Autism Research Annual Meeting, Seattle, WA, United States (Conference Cancelled).
63. Middleton, C.E., Hayutin, L., Boles, R., Blakeley-Smith, A., Meyer, A.T., Pickard, K., Reyes, N., Tanda, T., & Reaven, J. (2020, May). An examination of interdisciplinary school providers’ attitudes toward evidence-based practice. [Poster presentation]. International Meeting for Autism Research, Seattle, WA. (Conference cancelled).
64. Pickard, K., Walsh, C., Hayutin, L., Blakeley-Smith, A., Boles, R., Meyer, A., Reyes, N., Tanda, T., & Reaven, J. (November 2020). The role of school factors on the implementation of a CBT program for youth with ASD and anxiety in public school settings. [Poster presentation] to Association for Behavior and Cognitive Therapy Conference, Philadelphia, PA.
65. Training Interdisciplinary School Providers to Deliver CBT for Anxiety in Students with Autism Spectrum Disorder: Impact on Knowledge and Self-efficacy. Yankowitz, L., Pickard, K., Meyer, A., Blakely-Smith, A., Middleton, C., Hayutin, L., Reyes, N., Tanda, T., Boles, R., Stahmer, A., Reaven, J. Association for Behavioral and Cognitive Therapies (ABCT) (11/2021). Symposium – Predictors of Observed Community Provider Fidelity to Evidence-based Interventions for Children and Associations with Child Outcomes.
66. Sara Williams, MD, Richard Boles, PhD, Francis Hickey, MD, Sandra Friedman, MD, MPH, Lina Patel, PsyD. Medical Aspects of the Dual Diagnosis of Down Syndrome and Autism Spectrum Disorder. Maternal and Child Health Bureau (MCHB) Annual Conference (March, 2021).
67. Shanmuga Puji Jonnalagadda MD, Richard Boada PhD, Richard Boles PhD, Sandra Friedman MD MPH, Ayelet Talmi, PhD. Primary Care Screening Practices for School Difficulties. Maternal and Child Health Bureau (MCHB) Annual Conference (March, 2021).
68. Audrey Blakeley-Smith, Ph.D., Allison Meyer, PhD, Richard Boles, PhD, Katherine Pickard, Ph.D., Lisa Havutin, PhD, Caitlin Middleton, Ph.D., Judy Reaven, Ph.D. Measuring Treatment Fidelity in a CBT Implementation Trial in Schools for Students with Autism Spectrum Disorders: Successes and Challenges. Association for Behavioral and Cognitive Therapies (ABCT) (11/2021). Symposium – Predictors of Observed Community Provider Fidelity to Evidence-based Interventions for Children and Associations with Child Outcomes.
69. Judy Reaven, Ph.D., Katherine Pickard, Ph.D., Allison Meyer, PhD, Richard Boles, PhD, Caitlin Middleton, Ph.D., Lisa Hayutin, Ph.D., Nuri Reyes, Ph.D., Erin Engstrom, Ph.D., Tanea Tanda, B.S., Connor Kerns, Ph.D., Aubyn Stahmer, PhD, and Audrey Blakeley-Smith, Ph.D. Implementing CBT in Public Schools to Students with ASD and Anxiety via a Train the Trainer Model: Results from an RCT. Association for Behavioral and Cognitive Therapies (ABCT) (11/2021). Symposium – Predictors of Observed Community Provider Fidelity to Evidence-based Interventions for Children and Associations with Child Outcomes.
70. Katherine Pickard, Audrey Blakeley-Smith, Richard Boles, Aubyn Stahmer, Allison Meyer, Nuri Reyes, Lisa Hayutin, Caitlin Middleton, Tanea Tanda, and Judy Reaven, Examining School- and Provider-level Factors Impacting the Implementation of a Group CBT Program for Youth with ASD and Anxiety Within Public Schools. Association for Behavioral and Cognitive Therapies (ABCT) (11/2021). Symposium – Predictors of Observed Community Provider Fidelity to Evidence-based Interventions for Children and Associations with Child Outcomes.
71. Rebecca Wilson, PsyD, Richard Boles, PhD, Ann Reynolds, MD, Elizabeth Coan, PsyD, & Sandra Friedman, MD, MPH. Autism screening and care during COVID-19 via Project Access: A multiple care pathway model for improved, innovative, and expanded care. Pediatric Academic Societies (PAS) (4/2021).
72. J. Reaven, K. Pickard, R. E. Boles, A. Meyer, C. Middleton, L. Hayutin, N. Reyes, E. T. Engstrom, T. Tanda, A. C. Stahmer, and A. Blakeley-Smith. Facing Your Fears in Schools: Implementing CBT for Anxiety in Students with ASD in Urban Schools – Results from a Randomized Trial. Oral presented at International Society for Autism Research (INSAR) (05/2021).
73. A. T. Meyer, N. Reyes, K. Pickard, R. E. Boles, E. T. Engstrom, L. Hayutin, C. Middleton, T. Tanda, A. Blakeley-Smith, and J. Reaven. Emotion Dysregulation in ASD: An Examination of an RCT of CBT for Anxiety in Public Schools, Poster presented at International Society for Autism Research (INSAR) (05/2021).
74. Jaime Moore, Jacqueline Nevarez, Kevin Li, Thomas Inge, Richard Boles, and Megan Kelsey. Phentermine/Topiramate after Adolescent Bariatric Surgery Shows Feasibility and Initial Efficacy. Oral presented at The Obesity Society (TOS) (11/2021).
75. Berman, L., Boles, R., Matz, K., Glime, GNE., Long, J., Davis, K., Krebs, N., Tang, M. Maternal BMI, not gut microbiota or growth status, negatively associates with sleep quality in U.S. breastfed infants. Pediatric Academic Society (PAS), 2022.
76. Jillian Nelson, MD, Sandra Friedman, MD, MPH, Ann Reynolds MD, Rebecca Wilson PsyD, Richard Boles, PhD. Testing the ECHO Model to Improve Primary Care Provider Identification and Management of Children with Autism Spectrum Disorder. Society for Developmental and Behavioral Pediatrics: SDBP, Oct, 2022, Denver, CO.
77. Liz Coan, Elizabeth; Boles, Richard; Wilson, Rebecca. The Children’s Hospital Colorado Pediatric Care Network Autism Program; An advanced autism training and consultation model for community primary care providers. Society for Developmental and Behavioral Pediatrics: SDBP, Oct, 2022, Denver, CO).
78. Wilson, Rebecca; Reynolds, Ann; Boles, Richard; Friedman, Sandra. Improving access to diagnosis and management of Autism by increasing community provider comfort: A Community of Practice (COP) ECHO and Screening Tool for Autism in Toddlers (STAT) model.
79. Haemer, M., Tong, S., Steen, E., Studts, C., and Boles, R. Pilot Study to inform an RCT of HeLP: Obesity Prevention & Treatment for the Entire Hispanic Family. The Obesity Society (TOS) (Nov, 2022).
80. Pratt KJ, Boles R, Blalock J, Michalsky M, Inge T, Jenkins T. Associations between intergenerational marital status and Teen-LABS participants’ weight loss. The Obesity Society (TOS) (Nov, 2022).
81. Gretchen E White, Richard E Boles, Anita P Courcoulas, Susan Z Yanovski, Meg H Zeller, Todd M Jenkins, Thomas H Inge. Alcohol Use and Alcohol-related Problems Before and After Metabolic and Bariatric Surgery in Adolescents. (Oral Talk). The Obesity Society (TOS) (Nov, 2022).
82. Kinzie L Matz, Richard E Boles, Kathryn Davis, Lillian Berman, Nancy Krebs, Minghua Tang. Effects of a meat-based complementary diet on infant growth, sleep activity, and neurodevelopment. (ABSTRACT submitted August 2022). 22nd International Congress of Nutrition (ICN) 2022.